

Group Exercise Schedule
Starts April 20th, 2021



www.redefinefitness.org

M O N	5:45-6:30am	7:00-7:45am	10:00-10:45am	11:00-11:45am	12-12:45pm *starts 4/26	5:30-6:15pm		
	Sharon	Kathy	Judy	Judy	Dawn	Michelle		

T U E	5:45-6:30am	12-1pm	5:30-6:30 pm					
	Kathy	Christine	Sharon					

W E D	5:45-6:30am	7:00-7:45am	7:15-8:15am	11:00-11:40am	12-12:45pm			
	Dawn	Michelle	Dawn	Judy	Sharon			

T H U R	5:45-6:30am	12-1pm	5:30-6:15pm *starts 4/22					
	Kim	Christine	Dawn					

F R I	5:45-6:30am *starts 4/23	7:15-8:15am	9:30-10:15am	10:00-10:45am	11:00-11:40am			
	Kathy	Dawn	Dawn	Judy	Judy			

S A T	9-9:45am* (last Sat.- 1 hr at 8:45 am)	10-11am				S U N	4:00-4:45pm *starts 4/25		
	Instructor Team	Kim/Dawn					Shannon		

*Schedule subject to change due to instructor availability and holidays. Please visit <http://redefinefitness.org> to register and reserve your spot for classes.

